

DIABETIC KETOACIDOSIS (DKA) DISCHARGE INSTRUCTIONS



Your pet has been discharged from hospital today.

Please find a summary of their treatment and instructions for ongoing care below:

Reason for Hospitalisation

Your pet received emergency treatment for **diabetic ketoacidosis (DKA)** – a serious and potentially life-threatening complication of diabetes. Treatment for DKA requires:

- Intensive hospitalisation
- Intravenous (IV) fluid therapy
- Regular blood glucose and electrolyte monitoring
- IV or IM insulin administration

Your pet has responded well to emergency treatment, is now eating reliably, and has been transitioned to **twice-daily injectable insulin**.

Note: DKA is often triggered by another illness.

Ongoing Treatment Plan

Medications

- **Insulin** is essential and must be continued **indefinitely**, unless directed otherwise by your veterinarian.
- Please follow the instructions carefully for the administration of insulin.
- Continue any previously prescribed medications as instructed.
- **Please read all medication labels carefully** and follow the dosing instructions precisely.
- If you encounter difficulty giving medication, contact the clinic for advice.

Diet

- Feed **two consistent meals per day**, ideally of the same type and amount.
- **Do NOT give insulin** if your pet does **not eat**. If this occurs, contact the clinic or an emergency centre immediately.

Exercise

Once recovered and the diabetes is stable, regular gentle exercise is encouraged.

Home Care Instructions

- Please refer to the attached general information sheets on diabetes and insulin administration.
- Monitor for signs of lethargy, vomiting, inappetence, or abnormal behaviour and contact us if concerned.

Follow-Up and Results

A general check-up is recommended in **2 days**, followed by a revisit in **1 week**, likely for a **blood glucose curve**.



Please don't hesitate to contact us if you have any questions or concerns.

Your pet's ongoing care and wellbeing are our top priorities!