

NSAID TOXICITY DISCHARGE INSTRUCTIONS

Your pet was discharged today from our hospital. Below is a summary of their care and important instructions for ongoing treatment and monitoring at home.

Reason for Hospitalisation

Your pet was admitted after ingesting a potentially harmful substance. Signs of toxicity may include vomiting, diarrhoea, nausea, lack of appetite, abdominal pain, and gastric ulceration. At higher doses, toxicity can also affect the kidneys or nervous system, leading to symptoms such as wobbliness, seizures, or even coma.

Summary of Treatment and Tests

During their hospital stay, your pet received activated charcoal and sorbitol to help bind the toxin in the gastrointestinal tract and speed its elimination. Gastroprotectant medications were started to reduce the risk of gastrointestinal irritation or ulceration.

Intravenous fluids were administered to support kidney function and promote elimination of the toxin. Blood and/or urine tests were performed on admission and repeated several hours later to monitor for kidney or liver damage. Final test results showed that kidney values are currently within the normal range; however, we recommend repeat testing in 48–72 hours to confirm ongoing stability.

Ongoing Treatment Plan

Medications (*please refer to your pet's medication labels for specific doses and timing*):

- **Sucralfate** binds to areas of irritated or ulcerated gastrointestinal lining. This should be given as a slurry and separated from food and other medications by at least 2 hours.
- **Misoprostol** is a gastroprotectant that reduces stomach acid and strengthens the protective lining of the GI tract. Gloves should be worn when handling, and pregnant women should not handle this medication.
- **Omeprazole** is used to reduce gastric acid production and protect the stomach lining.

Please follow all label instructions carefully.

If you have difficulty giving any medication, contact the clinic for advice.

Diet

Feed a bland, easily digestible diet (such as cooked chicken and rice) for the next few days. Avoid treats, fatty foods, or anything rich, as these can irritate the gastrointestinal tract.

Exercise

Limit activity to light exercise and allow a slow return to normal routines over the next few days.

Revisit and Follow-Up

Please book a revisit consultation in a few days to recheck kidney and liver values, or earlier if you notice anything concerning.

At-Home Monitoring

Keep a close eye on eating, drinking, urination, bowel movements, and general demeanour. Any sudden changes or signs of discomfort should be reported to the clinic promptly.



Possible Complications

Seek veterinary attention immediately if you notice:

- Vomiting or diarrhoea (especially black or tarry stools)
- Signs of abdominal pain or reduced appetite
- Increased thirst or urination
- Lethargy or weakness

Thank you for entrusting us with your pet's care.
Please don't hesitate to call us if you have any questions or concerns during recovery.
We wish your pet a smooth and comfortable return to health!