

DOG CASTRATION DISCHARGE INSTRUCTIONS



Thank you for entrusting us with your dog's care today!

Your pet has undergone a castration procedure, which involves the surgical removal of both testicles through a small skin incision.

While this is a routine surgery, it does involve a sensitive area and requires special care during recovery to ensure proper healing.

Immediately After Surgery

When your dog returns home, he may be drowsy or quiet for the next 12–24 hours. This is a normal response to anaesthesia. He may also feel slightly nauseous, so please offer only a small meal and small amounts of water tonight. His appetite should return to normal by tomorrow morning.

During surgery, your pet may have received an antibiotic injection and received post-operative pain relief, which will provide comfort for the next 12 hours. Most dogs bounce back quickly, but if your dog appears to be in pain at any stage, please contact us for advice.

The sutures used are *intradermal* (placed beneath the skin), so you will only see a thin line on the skin – typically along the lower abdomen or sheath. These are absorbable and do not require removal. Intradermal sutures tend to be more comfortable and less irritating than external stitches.

Please keep your dog indoors in a quiet, clean environment after surgery. If you have other pets, supervise all interactions and avoid boisterous play. Keep your dog warm, as pets may struggle to regulate their body temperature following anaesthesia.

Home Care: Days 1–10 Post-Surgery

Although your dog may seem back to normal in a day or two, internal healing takes time. Please follow these important guidelines:

- **Limit activity** for 10–14 days. Avoid running, jumping, stairs, and rough play.
- **Prevent licking or chewing** at the surgery site. Use an Elizabethan collar (cone) at all times if needed – available at the clinic.
- **Keep the wound clean and dry.** No bathing or swimming for 10 days.
- **Monitor the incision daily** for signs of redness, swelling, discharge, or swelling. Contact us if you notice anything concerning.
- **Maintain a clean resting area** and supervise outdoor toilet breaks to prevent contamination of the surgical site.
- **Resume normal feeding** within 24 hours. If your pet has a poor appetite or seems lethargic, please get in touch.

Healing Timeline

In most cases, the incision should be fully healed within 10–14 days. Once the area looks clean, flat, and closed, bathing can be resumed. There is no need for suture removal unless otherwise instructed.



When to Contact Us

Please call the clinic if you notice any of the following:

- Persistent lethargy or loss of appetite
- Redness, swelling, or discharge from the surgical site
- Excessive licking despite wearing an Elizabethan collar
- Any lumps or signs of discomfort near the incision

We're here to help — don't hesitate to reach out with any concerns during your dog's recovery!